

Weekly Notices

Sunday 27th January Sunday School at St. Francis after 6:30 am Mass
Sunday School at St. Mark's at 3:30 pm

Sunday 3rd February Holy Eucharist at St. George's at 8:30 am

1. Readings for Sunday 3rd February, 2008

Old Testament Lesson: StG.Com: Micah 6: 1-8

The Epistle: 1st Corinthians 1: 26-31

Intercession: StG.Com: Form G

- Persons are kindly asked to contact Fr. Rohim at 461-3154 for inquiries of Baptism, Weddings, or any other matters of the Parish.
- Persons are kindly asked to contact Ms. Loretta Ireland at 461-0125 or Mr. Bertrand Phillip 562-0089 for sponsorship of bulletins or flowers.
- Mother's Union** meetings are held every 2nd and 4th Sundays at 4:30 pm at alternate venues every month; i.e. one month at St. Mark's Chapel and the following month at St. Francis Chapel at 4:30 pm. All members please take note and be present.
- The Brotherhood** meets at 6:00 pm every 1st and 3rd Mondays at St. Mark's Chapel. All members are asked to please take note and be present.
- The Friends of St. Francis** meets at 7:30 pm every 2nd & 4th Mondays at St. Francis Chapel. All members are asked to please take note and be present.
- StG.Com (St. George's on the Move)** meets at 7:30 pm every Tuesday at St. Mark's Chapel. All members are asked to please take note and be present.
- The St. George's Choir** meets at 7:30 pm every Thursday at St. Mark's Chapel. All members are asked to please take note and be present.
- St. George's Youth Choir** meets every Saturday at 2:00 pm at St. Mark's. All members are please asked to take note and be present.

PRAY FOR THE SICK AND SHUT-INS:

Maurice Barnes, Inez Bass (Montserrat), Ashby Benjamin, Casilda Bloodman, George Lastus Bradshaw, Carolyn Browne, Fitzroy Carr, Chanee Chalou (St. Thomas), Mildred Chiddick, Barbara Kaye Clarke-Daniel, Henry Daley, Mymin Davis (England), Cynthia Dublin, Margaret Ithmay Dublin, Olga Dublin, Glenfield Francis, Eustace Gardner, George Gloade, Carolyn Gordon (Guyana), Eunice Grant, Samuel Grant, Errol Hector, Enid Henry, Alston Isaac, Daren James, Jacqueline James (London), Rupert James, Uriel James, Eunice Jonas, Kathleen Joseph (U.S.A.), Foster King, Leonard "Reds" King, Ruth King, Viola Lawrence, Cavelle Lewis, George Lewis, Idona Lewis, Walbridge Lewis, Agatha Martin, Amanda Martin, Joshua Massiah, Alfred Matthew, Dereen Matthew (U.S.A.), Enroy Matthew, Henrietta Osbourne, Kelly Paul, Yvonne Peters, Charlene Phillip, Solomie Phillip, Fitzroy Ramsey (St. Maarten), Wills Richards, Doris Matthew-Robins, Frances Samuel, Mavis Samuel, Delores Solomon, Arden Thomas, Tracelyn Thomas (Canada), William Thomas, Cecilia Thompson (Blue Waters), Leona Tittle-Minette, Yvette Tomlinson, Alphonso Tonge, Gabriel Wade, Dorilyn Warner, Phyllis White, Rachel Williams, Viviana Williams.

St. George's Parish

With St. Mark's - Pigotts, St. Francis - Judges Hill

3RD SUNDAY AFTER EPIPHANY



RECTOR: THE REV. FR. JOHN ROHIM

DEACONS: THE REV. CATHERINE EDWARDS, THE REV. GEORGE RICHARDS

LAY MINISTERS: MR. ALSTON ISAAC, MR. AUSTIN SMITH

EUCHARIST MINISTERS: MARK FRANCIS, JULIUS GORE & WALTER BERRIDGE

THE VESTRY: ALSTON ISAAC, BERTRAND PHILLIP, LORRAINE DAVIS,
LORETTA IRELAND, JULIUS GORE, AUSTIN SMITH, CAREY THOMPSON,
CLEO HAMPSON, LESROY GRANT.

ST. GEORGE'S PARISH
WITH ST. MARK'S - PIGOTTS AND ST. FRANCIS - JUDGES HILL

Fitches Creek, Antigua. Tel. 268-461-3154 website: <http://www.dioneca.org/>

PUT ON OUR ARMOUR AS SOLDIERS OF LIGHT LET CHRIST JESUS HIMSELF BE THE ARMOUR THAT YOU WEAR. (ROM.: 12,14)

YEAR A Epiphany 3 27th January, 2008

Processional Hymn	A&M 80
The Introit	A&M 1
Opening Sentences	BCP pg. 98 or pg. 100
Collect for Purity et al	BCP pg. 101
Kyrie, Gloria	BCP pg. 102
Collect	BCP pg. 161 - Epiphany 3
Old Testament Lesson	Amos 3: 1-8
Psalm	Psalm 139 vs. 1-11 BCP pg. 654
The Epistle	1 Corinthians 1: 10-17
Gradual Hymn	
Gospel	Matthew 4: 12-23
Hymn before the Sermon	MP 459 verses 1 & 4
The Sermon	
The Creed	BCP pg. 104
Intercessions	Form F - BCP pg. 115
Act of Penitence	BCP pg. 123 or pg. 124
The Absolution	BCP pg. 124
The Peace	BCP pg. 124 or pg. 125
The Welcome and Notices	
Children's Hymn	MP 660
Birthday & Anniversary Blessing	
The Offertory Hymns	MP 146, MP 147
Presentation of the Offerings	BCP pg. 126
Sursum Corda	BCP pg. 126
Eucharistic Prayer	BCP pg. 131 (A)
The Lord's Prayer	BCP pg. 144
Agnus Dei	BCP pg. 147
Communion Hymns	MP 142, MP 258, MP 272, MP 37, MP 348
Blessing of the Children	
Walk Up Offertory	MP 330
Post Communion Prayer	BCP pg. 147 or pg. 148
The Blessing	
Recessional Hymn	MP 617

LISTENING TO THE SERMON

Listen to the message from God's Word. Use this sheet to make some personal notes.

Keep them for the purpose of reference, study and remembrance.

SERMON TITLE:

BIBLICAL TEXT:

MAIN IDEA OF THE SERMON:

POINT(S) TO REMEMBER:

WHAT SHOULD I DO AS A RESULT OF HEARING THIS SERMON :



Please ensure that all electronic devices are switched off so that we can honor the spirit of reverence that prevails as we, the people of God, worship together.

“Be thoughtful, be silent, be reverent, for this is the House of God.

Before the service, speak to the Lord.

During the Service, let the Lord speak to you.

After the service, speak to one another.”

Pastoral Committee meeting will be held on Thursday 31st January, 2008, 6:00 pm sharp at St. Francis Chapel. All organizations in the Church are asked to send at least two representatives to this meeting and to please be on time.

The Annual Christmas Party for the Senior Citizens will be held on Wednesday 30th January, 2008 at St. Mark’s Chapel at 12:00 noon.

Friends of St. Francis will be hosting a Pre-Valentine Breakfast on Sunday 10th February, 2008 after the 6:30 am Mass at St. Francis Church . Contribution \$10.00. Proceeds in aid of ongoing Church Projects. Your kind support would be appreciated.

Copies of the corrected Prayer Books are available for a cost of EC \$ 30.00. Please contact Fr. John Rohim.

Provincial Sunday will be observed on Sunday 3rd February, 2008. On this day we remember and pray for the work of the Province of the West Indies. Particular emphasis is given to the work of the Provincial Secretariat in Barbados. The open collection on this day will go towards the Provincial Fund. Please give generously.

In commemoration of Provincial Synod the Province have made available a number of pin-ons to be worn by Anglicans. These pin-ons can be obtained from either of our Deacons or Mr. Lesroy Grant. A contribution of not less than EC \$15.00 is requested. Please support this venture as the funds realised will go towards the completion of the Provincial Secretariat in Barbados.

Today's Readings 



Old Testament: Amos 3: 1-8

¹ Hear this word that the LORD has spoken against you, O people of Israel, against the whole family which I brought up out of the land of Egypt: ² "You only have I known of all the families of the earth; therefore I will punish you for all your iniquities. ³ "Do two walk together, unless they have made an appointment? ⁴ Does a lion roar in the forest, when he has no prey? Does a young lion cry out from his den, if he has taken nothing? ⁵ Does a bird fall in a snare on the earth, when there is no trap for it? Does a snare spring up from the ground, when it has taken nothing? ⁶ Is a trumpet blown in a city, and the people are not afraid? Does evil befall a city, unless the LORD has done it? ⁷ Surely the Lord GOD does nothing, without revealing his

secret to his servants the prophets. ⁸ The lion has roared; who will not fear? The Lord GOD has spoken; who can but prophesy?"



The Epistle: 1 Corinthians 1: 10-17

¹⁰ I appeal to you, brethren, by the name of our Lord Jesus Christ, that all of you agree and that there be no dissensions among you, but that you be united in the same mind and the same judgment.

¹¹ For it has been reported to me by Chlo'e's people that there is quarreling among you, my brethren.

¹² What I mean is that each one of you says, "I belong to Paul," or "I belong to Apol'los," or "I belong to Cephas," or "I belong to Christ." ¹³ Is Christ divided? Was Paul crucified for you? Or were you baptized in the name of Paul? ¹⁴ I am thankful that I baptized none of you except Crispus and Ga'ius; ¹⁵ lest any one should say that you were baptized in my name. ¹⁶ (I did baptize also the household of Steph'anas. Beyond that, I do not know whether I baptized any one else.) ¹⁷ For Christ did not send me to baptize but to preach the gospel, and not with eloquent wisdom, lest the cross of Christ be emptied of its power.



Dietary Recommendations:

- * Green tea consumption is good. Researchers have found that there is a plant substance in green tea that is a potent killer of prostate cells.
- * Eat lots of whole grain, raw nuts, unpolished brown rice, wheat, oats and bran, broccoli, brussels sprouts, cabbage and cauliflower, carrots, pumpkins, squash and yams.
- * Use fruits such as apples, fresh cantaloupe, all kinds of berries (including blueberries and strawberries), Brazil nuts, cherries, grapes, walnuts and plums. Also red beans, lentils and chick peas (channa).
- * Use carrot and cabbage juice.
- * Eat lots of grape fruit, watermelon and tomatoes, tomato juice or tomato based sauces, mushrooms, pumpkin seeds, sea food (salmon, mackerel, sardines or herring), spinach, sunflower seeds.
- * Drink at least ten 8 ounce glasses of water daily.
- * Avoid dairy products.

Caution: Consult your doctor before acting upon these recommendations.

Do You Know?

Prostrate Cancer

The prostrate is a walnut-sized gland at the base of the bladder that encircles the urethra, the tube through which the urine is voided. Cancer of the prostrate gland is the second leading cause of cancer death among men. It is primarily a disease of aging. Men in their thirties and forties rarely develop prostrate cancer. It is from the age of fifty that men ought to begin serious tests. It is estimated that eighty percent of all cases occurs in men over the age of seventy-five years. Most prostrate cancers arise in the rear portion of the prostate gland; the rest originate near the urethra. Lymphatic vessels leading from the prostrate gland to the pelvic lymph nodes provide a route for prostrate cancer to spread to other areas of the body. Prostrate cancer doubles in mass every six years (Breast cancer doubles every three and a half years).

Here are some possible symptoms of Prostrate Cancer:

- Pain or a burning sensation during urination
- Frequent urination
- A decrease in the size and force of urine flows
- An inability to urinate
- Blood in the urine
- Continuing lower back, pelvis and suprapubic (bone on the groin) discomfort.

Prostrate cancer cannot be prevented. However early detection can make it possible to stop the cancer from spreading.

The Gospel: Matthew 4: 12-23

¹² Now when he heard that John had been arrested, he withdrew into Galilee; ¹³ and leaving Nazareth he went and dwelt in Caper'na-um by the sea, in the territory of Zeb'ulun and Naph'tali, ¹⁴ that what was spoken by the prophet Isaiah might be fulfilled: ¹⁵ "The land of Zeb'ulun and the land of Naph'tali, toward the sea, across the Jordan, Galilee of the Gentiles-- ¹⁶ the people who sat in darkness have seen a great light, and for those who sat in the region and shadow of death light has dawned."

¹⁷ From that time Jesus began to preach, saying, "Repent, for the kingdom of heaven is at hand."

¹⁸ As he walked by the Sea of Galilee, he saw two brothers, Simon who is called Peter and Andrew his brother, casting a net into the sea; for they were fishermen. ¹⁹ And he said to them, "Follow me, and I will make you fishers of men."

²⁰ Immediately they left their nets and followed him. ²¹ And going on from there he saw two other brothers, James the son of Zeb'edee and John his brother, in the boat with Zeb'edee their father, mending their nets, and he called them.

²² Immediately they left the boat and their father,

and followed him. ²³ And he went about all Galilee, teaching in their synagogues and preaching the gospel of the kingdom and healing every disease and every infirmity among the people.



Today we would like to extend a warm St. George's welcome to all those who are visiting with us for the first time or the first in a long time.



"We embrace you all with enthusiasm, with open hearts, open minds, open doors; and we hope that you will enjoy sharing In fellowship with us."

If you are **curious** and have come to **see**, if you are **weary** and have come to find **rest**, if you are **grateful** and have come to give **thanks**, if you are **hurting** and have come for **solace**, if you are **listening** and have come to **pray**, if you are **seeking** and have come for **answers**, **WELCOME**.

CONGRATULATIONS

to all celebrating Birthdays & Anniversaries today or during the week.

*"MAY YOU HAVE ALL THE JOY YOUR HEART CAN HOLD
ALL THE SMILES A DAY CAN BRING
ALL THE BLESSINGS A LIFE CAN UNFOLD.
MAY YOU HAVE GOD'S BEST IN EVERYTHING"*



MAY THE LORD BLESS YOUR BIRTHDAY AND ANNIVERSARY.

The 1st practice of the St. George's Youth Choir will be held on Saturday 2nd February, 2008 at St. Mark's at 2:00 pm. All registered children and are asked to please come out and experience something new and different.

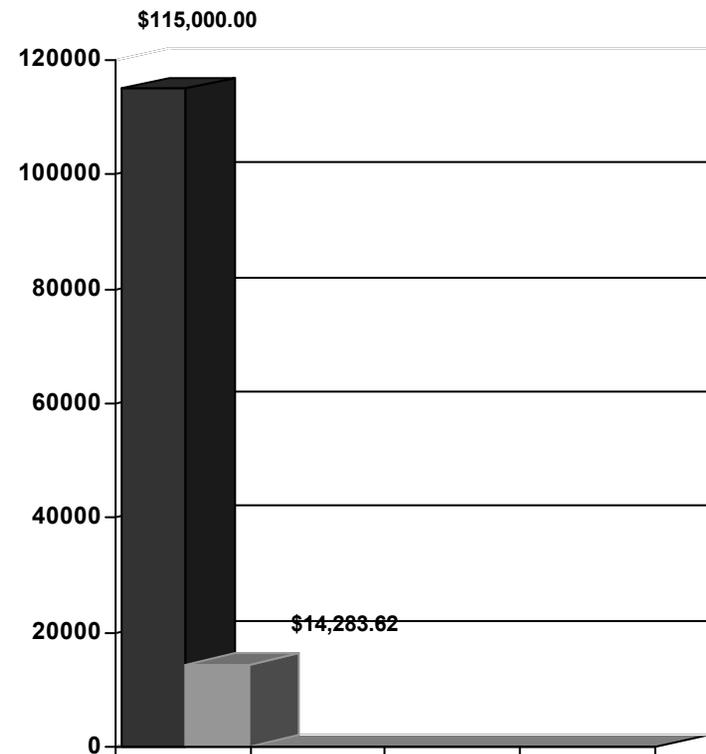
Our Walk-Up Collection goes to the Organ Fund. Please give generously.

ORGAN FUND

PLEASE GIVE GENEROUSLY.

Cost of New Organ: \$115,000.00.

Amount collected to date \$ 14,283.62



Treasurer's Corner

Sunday 20th January, 2008

The Treasurer's Corner is designed to provide weekly information on church offerings as well as attendance. It is also intended to apprise parishioners of the importance of supporting the various ministries within the Church.

Your generous contribution is most appreciated.

Attendance at St. George's Parish Church:

Congregation 258
Communicants 90

Stewardship	\$ 2,594.59
Loose	860.29
Walk-Up	543.06
In Thanksgiving For (ITGF)	154.30
New Years	216.00
Loan	85.00
Social Outreach	80.00
Insurance	55.00
St. Mark's Sunday School	20.60
**Others	100.00

Total church offerings for Sunday 20th January, 2008 was \$4,709.44. *Others represent:- Birthday, Wedding Anniversary, Special Offering.

Prayer for the New Organ

Almighty God, who through the gift of music hath given us a revelation of Thy divine beauty: Teach us to love Thee in all Thy gifts and so to devote ourselves in all our work. Help us to give generously towards our new organ in order that, through music, we may raise men and women from the sorrows of this world to the enjoyment of thy divine loveliness. Through Jesus Christ our Lord, Amen.

Members of the Congregation who are unable to come to the Altar for the Sacrament of Holy Communion and who wish to receive the Sacrament are please asked to indicate this to any of the Ushers before the distribution of the Sacrament begins.

Please remember that our Social Outreach Ministry continues every Wednesday. 50 persons (Senior Citizens) receive Lunch from us. The future of this Ministry is dependant upon your generous response. **PLEASE** remember to give either in cash or kind.

If you wish to bring a grocery item, please note the following:

Rice / Flour / Meats / Seasoning / Vegetables / Food Boxes / Forks / Napkins / Cups. Can and bottle items are recommended.

It would be most appreciated if someone can make available to the Church a large basket to collect food items on Sundays. Parishioners are encouraged to bring non-perishables to assist in this programme.

Your sponsorship of the weekly Bulletins and flowers are always appreciated. This can be done on the anniversary of Marriage and Birth as a memorial gift or on the anniversary of a departed relative. Please contact Bertrand Phillip at 562-0089 or Loretta Ireland at 461-0125 for further information.