

## Weekly Notices

Sunday 6th January      Sunday School at St. Francis at 3:30 pm  
Sunday School at St. Mark's at 3:30 pm

Sunday 13th January      Mass at St. Francis at 6:30 am  
Mass at St. Mark's at 6:30 am  
Holy Eucharist at St. George's at 8:30 am

1. Readings for Sunday 6th January, 2008  
**Old Testament Lesson: Mother's Union: Isaiah 42: 1-9**  
**The Epistle: Brotherhood: Acts 10: 34-38**  
**Intercession: Brotherhood: Form D**
2. Persons are kindly asked to contact Fr. Rohim at 461-3154 for inquiries of Baptism, Weddings, or any other matters of the Parish.
3. Persons are kindly asked to contact Ms. Loretta Ireland at 461-0125 or Mr. Bertrand Phillip 562-0089 for sponsorship of bulletins or flowers.
4. **Mother's Union** meetings are held every 2nd and 4th Sundays at 4:30 pm at alternate venues every month; i.e. one month at St. Mark's Chapel and the following month at St. Francis Chapel at 4:30 pm. All members please take note and be present.
5. **The Brotherhood** meets at 6:00 pm every 1st and 3rd Mondays at St. Mark's Chapel. All members are asked to please take note and be present.
6. **The Friends of St. Francis** meets at 7:30 pm every 2nd & 4th Mondays at St. Francis Chapel. All members are asked to please take note and be present.
7. **StG.Com (St. George's on the Move)** meets at 7:30 pm every Tuesday at St. Mark's Chapel. All members are asked to please take note and be present.
8. **The St. George's Choir** meets at 7:30 pm every Thursday at St. Mark's Chapel. All members are asked to please take note and be present.

### PRAY FOR THE SICK AND SHUT-INS:

Maurice Barnes, Inez Bass (Montserrat), Ashby Benjamin, Casilda Bloodman, George Lastus Bradshaw, Carolyn Browne, Fitzroy Carr, Chanee Chalou (St. Thomas), Mildred Chiddick, Barbara Kaye Clarke-Daniel, Henry Daley, Mymin Davis (England), Cynthia Dublin, Margaret Ithmay Dublin, Olga Dublin, Glenfield Francis, Eustace Gardner, George Gloade, Carolyn Gordon (Guyana), Errol Hector, Enid Henry, Alston Isaac, Daren James, Jacqueline James (London), Rupert James, Uriel James, Eunice Jonas, Kathleen Joseph (U.S.A.), Foster King, Leonard "Reds" King, Ruth King, Viola Lawrence, Cavelle Lewis, George Lewis, Idona Lewis, Walbridge Lewis, Agatha Martin, Amanda Martin, Alfred Matthew, Dereen Matthew, Enroy Matthew, Henrietta Osbourne, Kelly Paul, Yvonne Peters, Charlene Phillip, Solomie Phillip, Fitzroy Ramsey (St. Maarten), Wills Richards, Doris Matthew-Robins, Frances Samuel, Mavis Samuel, Delores Solomon, Arden Thomas, Tracelyn Thomas (Canada), William Thomas, Cecilia Thompson (Blue Waters), Leona Tittle-Minette, Yvette Tomlinson, Alphonso Tonge, Gabriel Wade, Dorilyn Warner, Phyllis White, Rachel Williams, Viviana Williams.

# St. George's Parish

With St. Mark's - Pigotts, St. Francis - Judges Hill

EPIPHANY I



RECTOR: THE REV. FR. JOHN ROHIM  
DEACONS: THE REV. CATHERINE EDWARDS, THE REV. GEORGE RICHARDS  
LAY MINISTERS: MR. ALSTON ISAAC, MR. AUSTIN SMITH  
EUCARIST MINISTERS: MARK FRANCIS, JULIUS GORE & WALTER BERRIDGE  
THE VESTRY: ALSTON ISAAC, BERTRAND PHILLIP, LORRAINE DAVIS,  
LORETTA IRELAND, JULIUS GORE, AUSTIN SMITH, CAREY THOMPSON,  
CLEO HAMPSON, LESROY GRANT.

ST. GEORGE'S PARISH  
WITH ST. MARK'S - PIGOTTS AND ST. FRANCIS - JUDGES HILL

Fitches Creek, Antigua. Tel. 268-461-3154      website: <http://www.dioneca.org/>

PUT ON OUR ARMOUR AS SOLDIERS OF LIGHT .... LET CHRIST JESUS HIMSELF BE THE ARMOUR THAT YOU WEAR. (ROM.: 12,14)

YEAR C                                      Epiphany I                                      6th January, 2008

Processional Hymn	A&M 79
The Introit	MP 65 or A&M 643
Opening Sentences	BCP pg. 97 or pg. 99 or pg 100
Collect for Purity et al	BCP pg. 101
Kyrie, Gloria	BCP pg. 102
Collect	BCP pg. 160 - Epiphany
Old Testament Lesson	Isaiah 60: 1-6, 9
Psalms	Psalms 72 vs. 1-2, 10-17 BCP pg. 558
The Epistle	Ephesians 3: 1-12
Gradual Hymn	A&M 76
Gospel	Matthew 2: 1-12
Hymn before the Sermon	MP 459 verses 1 & 4
The Sermon	
The Creed	BCP pg. 104
Intercessions	Form C - BCP pg. 108
Act of Penitence	BCP pg. 123 or pg. 124
The Absolution	BCP pg. 124
The Peace	BCP pg. 124 or pg. 125
The Welcome and Notices	
<b>Children's Hymn</b>	<b>Little Jesus Sweetly Sleep</b>
<b>Men's Hymn</b>	<b>MP 224</b>
Birthday & Anniversary Blessing	
The Offertory Hymns	A&M 288, A&M 165
Presentation of the Offerings	BCP pg. 126
Sursum Corda	BCP pg. 126
Eucharistic Prayer	BCP pg. 131 (A)
The Lord's Prayer	BCP pg. 144
Agnus Dei	BCP pg. 147
Communion Hymns	A&M 316, A&M 555, MP 64, MP 230
Blessing of the Children	A&M 320
Walk Up Offertory	MP 54
Post Communion Prayer	BCP pg. 147 or pg. 148
The Blessing	
Recessional Hymn	A&M 81

## LISTENING TO THE SERMON

Listen to the message from God's Word. Use this sheet to make some personal notes.  
Keep them for the purpose of reference, study and remembrance.

SERMON TITLE:

---



---



---

BIBLICAL TEXT:

---



---



---

MAIN IDEA OF THE SERMON:

---



---



---

POINT(S) TO REMEMBER:

---



---



---

WHAT SHOULD I DO AS A RESULT OF HEARING THIS SERMON :

---



---



---



---

### The Friends of St. Francis

We the members of Friends of St. Francis wish you all a happy and blessed 2008. We would also like to thank you for your generous support in 2007 and look forward to your continued support in 2008.

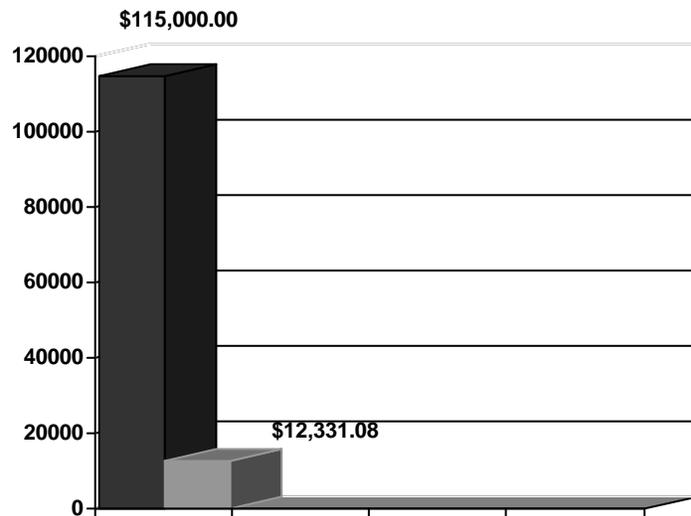
Our Walk-Up Collection goes to the Organ Fund.  
Please give generously.

### ORGAN FUND

PLEASE GIVE GENEROUSLY.

Cost of New Organ: \$115,000.00.

Amount collected to date \$ 12,331.08



Please ensure that all electronic devices are switched off so that we can honor the spirit of reverence that prevails as we, the people of God, worship together.

“Be thoughtful, be silent, be reverent, for this is the House of God.

Before the service, speak to the Lord.

During the Service, let the Lord speak to you.

After the service, speak to one another.”

### *Today's Readings*



### **Old Testament: Isaiah 60: 1-6, 9**

<sup>1</sup> Arise, shine; for your light has come, and the glory of the LORD has risen upon you. <sup>2</sup> For behold, darkness shall cover the earth, and thick darkness the peoples; but the LORD will arise upon you, and his glory will be seen upon you. <sup>3</sup> And nations shall come to your light, and kings to the brightness of your rising. <sup>4</sup> Lift up your eyes round about, and see; they all gather together, they come to you; your sons shall come from far, and your daughters shall be carried in the arms. <sup>5</sup> Then you shall see and be radiant, your heart shall thrill and rejoice; because the abundance of the sea shall be turned to you, the wealth of the nations shall come to you. <sup>6</sup> A multitude of camels shall cover you, the young camels of Mid'ian and Ephah; all those from Sheba shall come. They shall bring gold and

frankincense, and shall proclaim the praise of the LORD.

<sup>9</sup> For the coastlands shall wait for me, the ships of Tarshish first, to bring your sons from far, their silver and gold with them, for the name of the LORD your God, and for the Holy One of Israel, because he has glorified you.



### **The Epistle: Ephesians 3: 1-12**

<sup>1</sup> For this reason I, Paul, a prisoner for Christ Jesus on behalf of you Gentiles-- <sup>2</sup> assuming that you have heard of the stewardship of God's grace that was given to me for you, <sup>3</sup> how the mystery was made known to me by revelation, as I have written briefly. <sup>4</sup> When you read this you can perceive my insight into the mystery of Christ, <sup>5</sup> which was not made known to the sons of men in other generations as it has now been revealed to his holy apostles and prophets by the Spirit; <sup>6</sup> that is, how the Gentiles are fellow heirs, members of the same body, and partakers of the promise in Christ Jesus through the gospel. <sup>7</sup> Of this gospel I was made a minister according to the gift of God's grace which was given me by the working of his power. <sup>8</sup> To me, though I am the very least of all the saints, this grace was given, to preach to the Gentiles the unsearchable riches of Christ, <sup>9</sup> and to make all men see what is the plan of the mystery hidden for ages in God who created all

of blood pressure, acceleration of the heartbeat and greater tension in the muscles. Digestion slows or stops, fats and sugars are released from stores in the body, cholesterol level rise, and the composition of the blood changes slightly, making it more prone to clotting. This in turn increases the risk of stroke and heart attack.

From National Healing  
By Phyllis A. Balch

The St. George's Mother's Union will be celebrating their annual "Revelation". This is where members of the Mother's Union reveal who their prayer partners are for 2007 by the exchanging of gifts.

### **Little Jesus Sweetly Sleep**

Little Jesus, sweetly sleep, do not stir  
We will lend a coat of fur  
We will rock you, rock you, rock you,  
We will rock you, rock you, rock you.  
See the fur to keep you warm  
Smugly 'round your tiny form.

Mary's little baby, sleep, sweetly sleep  
Sleep in comfort, slumber deep  
We will rock you, rock you, rock you,  
We will rock you, rock you, rock you.  
We will serve you all we can  
Darling, darling little man

### Do You Know!

That stress refers to any reaction to a physical, mental, social or emotional stimulus that requires a response or alteration to the way we perform, think or feel. Change is stressful - whether the change is good or bad. Worry produces stress. Indirect stress is an unavoidable aspect of life. It can result from many things, both physical and psychological. Pressures and deadlines at work, problems with loved ones, the need to pay the bills and getting ready for the holidays are obvious sources of stress for many people. Less obvious sources include everyday encounters with crowds, noise, traffic, pain, extreme temperature and even welcome events such as starting a new job or the birth of a child. Overwork, lack of sleep and physical illness put stress on the body. Some people create their own stress; whether there is anything objectively wrong in their lives or not, they find things to worry about. For such people stress becomes almost an addiction.

Some people handle stress well, and it has little impact on their emotional or physical health, Others are very negatively influenced by it. Stress can cause fatigue, chronic headaches, irritability, changes in appetite, memory loss, low self-esteem, withdrawal, teeth-grinding, cold hands, high blood pressure, shallow breathing, nervous twitches, lowered sexual drive, insomnia or other changes in sleep patterns, and/or gastrointestinal disorders. Stress creates an excellent breeding ground for illness. Medical research estimates that stress contributes to as many as 80 percent of all major illnesses, including cardiovascular disease, cancer, endocrine and metabolic disease, skin disorders and infectious ailments of all kinds. Many psychiatrists believe that many back problems (one of the most common in adults) are related to stress..

The body responds to stress with a series of physiological changes that include increased secretion of adrenaline, elevation

things;<sup>10</sup> that through the church the manifold wisdom of God might now be made known to the principalities and powers in the heavenly places.<sup>11</sup> This was according to the eternal purpose which he has realized in Christ Jesus our Lord,<sup>12</sup> in whom we have boldness and confidence of access through our faith in him.



### **The Gospel: Matthew 2: 1-12**

<sup>1</sup> Now when Jesus was born in Bethlehem of Judea in the days of Herod the king, behold, wise men from the East came to Jerusalem, saying, <sup>2</sup> "Where is he who has been born king of the Jews? For we have seen his star in the East, and have come to worship him."

<sup>3</sup> When Herod the king heard this, he was troubled, and all Jerusalem with him; <sup>4</sup> and assembling all the chief priests and scribes of the people, he inquired of them where the Christ was to be born. <sup>5</sup> They told him, "In Bethlehem of Judea; for so it is written by the prophet: <sup>6</sup> 'And you, O Bethlehem, in the land of Judah, are by no means least among the rulers of Judah; for from you shall come a ruler who will govern my people Israel.'"

<sup>7</sup> Then Herod summoned the wise men secretly and ascertained from them what time the star appeared; <sup>8</sup> and he sent them to Bethlehem, saying, "Go and search diligently for the child, and when you have found him bring me word, that I too may come and worship him." <sup>9</sup> When they had heard the king they

went their way; and lo, the star which they had seen in the East went before them, till it came to rest over the place where the child was. <sup>10</sup> When they saw the star, they rejoiced exceedingly with great joy; <sup>11</sup> and going into the house they saw the child with Mary his mother, and they fell down and worshiped him. Then, opening their treasures, they offered him gifts, gold and frankincense and myrrh. <sup>12</sup> And being warned in a dream not to return to Herod, they departed to their own country by another way.



Today we would like to extend a warm St. George's welcome to all those who are visiting with us for the first time or the first in a long time.



**Welcome!**

*"We embrace you all with enthusiasm,  
with open hearts, open minds, open doors;  
and we hope that you will enjoy sharing  
In fellowship with us."*

If you are **curious** and have come to **see**, if you are **weary** and have come to find **rest**, if you are **grateful** and have come to give **thanks**, if you are **hurting** and have come for **solace**, if you are **listening** and have come to **pray**, if you are **seeking** and have come for **answers**, **WELCOME**.

### CONGRATULATIONS

to all celebrating Birthdays & Anniversaries today or during the week.

*"MAY YOU HAVE ALL THE JOY YOUR HEART CAN HOLD  
ALL THE SMILES A DAY CAN BRING .....  
ALL THE BLESSINGS A LIFE CAN UNFOLD.  
MAY YOU HAVE GOD'S BEST IN EVERYTHING"*



**MAY THE LORD BLESS YOUR BIRTHDAY AND ANNIVERSARY.**

Members of the Congregation who are unable to come to the Altar for the Sacrament of Holy Communion and who wish to receive the Sacrament are please asked to indicate this to any of the Ushers before the distribution of the Sacrament begins.

Our stewardship envelopes have been ordered but are late in arriving. Parishioners are asked to use their old envelopes if this is necessary. Please be sure to put your number and date when using same.

Your sponsorship of the weekly Bulletins and flowers are always appreciated. This can be done on the anniversary of Marriage and Birth as a memorial gift on the anniversary of a departed relative. Please contact Bertrand Phillip at 562-0089 or Loretta Ireland at 461-0125 for further information.

Please remember that our Social Outreach Ministry continues every Wednesday. 50 persons (Senior Citizens) receive Lunch from us. The future of this Ministry is dependant upon your generous response. **PLEASE** remember to give either in cash or kind.

If you wish to bring a grocery item, please note the following:  
Rice / Flour / Meats / Seasoning / Vegetables / Food Boxes / Forks / Napkins / Cups. Can and bottle items are recommended.

It would be most appreciated if someone can make available to the Church a large basket to collect food items on Sundays. Parishioners are encouraged to bring non-perishables to assist in this programme.

The Annual Christmas Party for the Senior Citizens will be held on Wednesday 30th January, 2008 at St. Mark's Chapel at 12:00 noon